LOOKING FOR FUN AND ENERGETIC WHOLE-BODY WORKOUT

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https://tinyurl.com/2exvrq48

Contact: Master Roberts Taekwondo

Phone: 1-407-595-5448



https://tinyurl.com/2exvrq48

Address: 980 Oviedo Blvd. Suite #1008, Orlando, Florida, United States

Price: Check with seller

Description:

Are you in search of a fun and energetic whole-body workout? Then, you have found a home at Master Roberts World Class Taekwondo. Our taekwondo training for adults are the perfect combination of both. Whether you have a lot of martial arts experience or none at all, we know that you will benefit from this program. When you are at the top of your game energetically, mentally, and physically, there is nothing you cant accomplish. We are proud to serve you with just that; high energy classes that allow you to stimulate your body and mind in new ways. Our approach is simple, through the teachings of Taekwondo, we will set you up to learn and understand the basics of striking and self-defense. Our instructors use a ...

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