WHAT IS CROSSFIT? AND IS IT RIGHT FOR YOU? | INDUSTRIAL ATHLETICS

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https://tinyurl.com/28wxlv4a

Contact: fitnesscenter

Phone:



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Address: 1707 Pennsylvania Ave, Pittsburgh, Pennsylvania, United States

Price: Check with seller

Description:

CrossFit Pittsburgh, one can find a very experienced and dedicated team. The coaches are determined to train the subscribers! They manage to get their students or members to get into better shape. The coaches are always dedicated and training superbly! The fees are also custom made as to which program, one would like to go for. Fit is a strength and conditioning program. It combines the most Effective Training methods from weight lifting, gymnastics, and high-intensity cardio which helps produce a fit body with better results! And a high level of fitness.

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